



EVENT UPDATE

SUNDAY 25TH AUGUST 2019

Parking:

Free parking is available at Wentworth Street Car Park (YO17 7BN) and Water Lane Car Park (YO17 7NR). Both of these car parks are approximately 5 minutes' walk from Event HQ (YO17 7LX). Please note – Event HQ is within a pedestrianised area, so please do not attempt to drive to that postcode.

Start/Finish location:

Market Place, Malton YO17 7LX

Registration 10:00 to 11:30

Registration will take place at Event HQ, which is in front of the former Conservative Club building next to the Post Office on Market Place in Malton town centre (YO17 7LX).

Please collect your race number, etc from here. There is also a small form to complete with your up to date emergency contact details

Baggage store:

At Event HQ - only accessible on your return with your race number. Please note Event HQ will be staffed by Visit Malton and will be locked if it is necessary for the building to be left unattended. This will offer a degree of security for your belongings but please note it is not intended to be used as a secure storage facility for valuables. Any items left at Event HQ are entirely at your own risk

Changing facilities:

There will be very basic changing facilities available at Event HQ

Toilets:

Public toilets including disabled facilities and baby changing facilities are available on Market Place opposite The Shambles

Race briefing:

11:45 next to the start arch

Start time:

12:00

Aid stations:

Water will be available at all the food/drink stops on the course

Cupless:

This event is cupless, you will need to bring a drinking vessel, water bottle, cup, etc

Course markings:

The course will be flagged, look out for our directional arrows with the Visit Malton cow logo. If you go over 500 meters without seeing a marker, retrace your steps as you have gone wrong!

Litter policy - Countryside:

If you are witnessed dropping anything you will be DQ'ed named and shamed and possibly beaten! Please use your common sense, close all gates behind you, no fires etc.

Emergency contact info:

Put these numbers in the phone you will be using on the day:

1st = 07717711343

2nd = 01484599123

3rd = 07557200526

Prize Presentation:

A prize presentation ceremony for the best fancy dress outfit will take place at approximately 14:00

Photography notice:

To comply with the new GDPR regulations we need to advise you that photography and videography will be taking place during this event.

Food intolerances:

- 1) Maison Du Vin: Red wine. Not vegan certified, so may not be suitable
- 2) Malton Cookery School: Yorkshire Puddings and Roast Beef. Alternatives will be available for special diets
- 3) The Patisserie: The vegetable quiche with mixed peppers, red onions and a two cheese filling is suitable for vegetarians but is not suitable for vegans, dairy free or gluten free diets. There are no nuts used in the product but there is potential for some trace of nuts via the production process
- 4) Costellos: Yorkshire Chocolate Flapjack. Contains Oats, Milk and Soya. A plain flapjack will also be available that is suitable for vegans and dairy free diets. Made by hand in an environment that handles nuts, gluten, soya, sesame seeds, milk and eggs
- 5) Horsetown Beers: Musley Bank Classic Ale. Not suitable for vegans. Not gluten free
- 6) The Talbot: Lobster Crostini are not suitable for vegetarians, vegans, gluten free diets or those with a dairy intolerance. Yorkshire Grouse Bon Bons are not suitable for vegetarians, vegans or gluten free diets. Alternatives from The Purple Carrot will be available for special diets
- 7) McMillans of Malton: Gin & Tonic. Should be suitable for all apart from those with an intolerance to alcohol
- 8) Florian Poirot: Macarons. Not suitable for vegans or dairy free diets. An alternative from The Purple Carrot will be available for vegans and dairy free diets
- 9) Brass Castle Brewery: 'Life's A Beach' 3.6% Pina Colada wheat ale. Suitable for all (apart from those with an intolerance to alcohol). Brass Castle is a vegan brewery and all their products are also gluten free

It is your own responsibility to check with the producer at each stop if the sample they are offering is suitable for your particular requirements.

If in any doubt then the best advice is to pass and move on to the next stop.

Spectator Catering:

Our popular Street Food Sunday 'Pop-Up Picnic' event will be taking place adjacent to the start/finish line from 10:00 to 16:00. We will have music and family entertainment taking place also, so friends and family who want to come and cheer you across the finish line will be well catered for.